

# Rainbow Reach

## Grief Recovery Resources Just For Children

### Activity Books For Kids 4-14

By Susan Weaver, Certified Grief Recovery Specialist®

Created to fill a need for grief recovery resources specifically for children, these beautifully designed, high-quality workbooks are brimming with drawing, coloring, writing and thinking activities ... carefully developed to help kids

ages 4-14 cope with and recover from the grief and

anxiety of life's difficult moments. Once

the activity book is complete, it

becomes a treasured scrapbook

filled with much-

loved memories

and practical

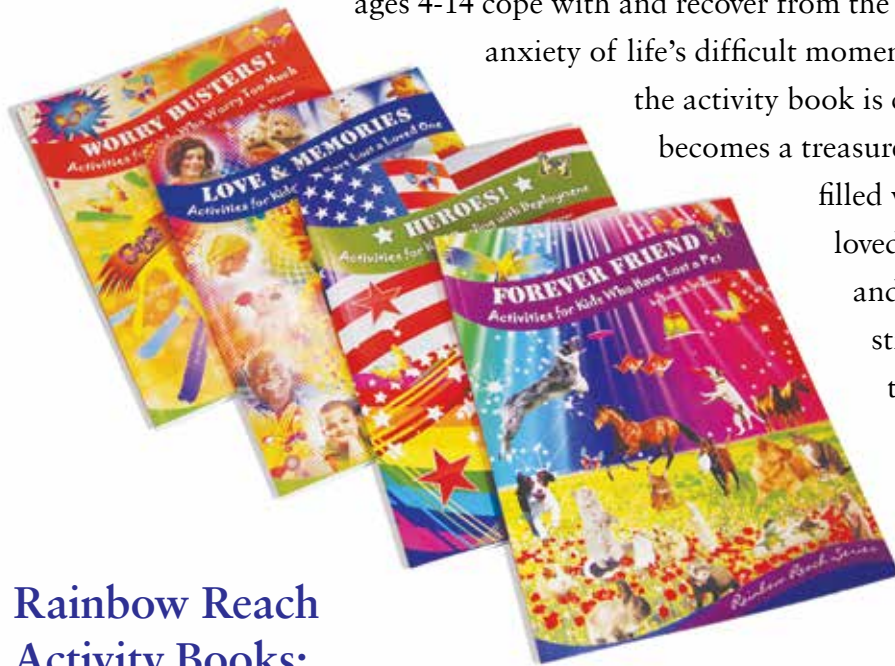
stress-busters

that the child

can refer to

again and

again.



### Rainbow Reach

### Activity Books:

### A Wonderful Response To "How Can I Help?"

#### Worry Busters!

*Activities for Kids Who Worry Too Much*

Help children deal with everything from the death of a loved one to illness, peer pressure, bullies, grades, nightmares, popularity issues, and making mistakes.

#### Heroes!

*Activities for Kids Dealing with Deployment*

Help children open up about fear for their parent's safety, changes at home, anger and loneliness. Activities focus on both coping and keeping in touch.

#### Love & Memories

*Activities for Kids Who Have Lost a Loved One*

Help children say goodbye in a healthy way that comforts them and keeps repressed feelings from causing emotional problems down the road.

#### Forever Friend

*Activities for Kids Who Have Lost a Pet*

Help children work through their grief at the loss of a cherished family pet. Address questions and fears the loss may raise about death and dying.

*Valuable Tools  
for Parents and  
Therapists*

*The books drive  
the lessons  
of optimism,  
acceptance of  
feelings and  
resilience home  
in truly age-  
appropriate ways.*

Fran Zamore, MSW, ACSW  
Author of: *GriefWork –  
Healing from Loss* and  
*The GriefWork Companion –  
Activities for Healing*



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